



Tri grip plate

HIGH-QUALITY Black Tri-grip Plate
This weight plates are made of rubber coated and cast iron. Rubber coating provides great protection for fitness equipment and floors and is very easy to use. Ground edges and machine center hole ensure a standardized product. Tri grip plate



The steel sleeve in the middle of the barbell plate is made of thick stainless steel, with fine workmanship, good wear resistance, and it is firm and does not fall off.



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